

Report of Seminar on Naturopathy

A one-day seminar on “Naturopathy” was organized at the Seminar Hall on Saturday, 20th July, 2018 at G.H. Rasoni University, Saikheda. Hon’ble Registrar, G.H.Rasoni University, Dr. Sophia Ansari coordinated and asked Dr. Yogesh Uikey & Dr. Vilas Patil, associated members of Maharashtra Rural Health Services Organization, Nagpur to explain “How to cure chronic illness without medicine through Naturopathy” The HOD of School of Pharmacy, GHRU, Dr. Suhas Sakharkar greeted and introduced the program to all.

The objective of the Seminar was to educate and motivate the staff to bring necessary changes in their life style by adopting natural ways. He explained the staff members about the correct way of breathing, Walking and the use of Magnet in the prevention of few diseases. He said that a little effort from us will help us to lead a healthy life. Remedies of all sort of physical ailments are available in our Kitchen. We only need to be educated and aware on their usage.

All the Faculty members were immensely benefited by his knowledge. The seminar was conducted successfully under the guidance of Registrar, GHRU, Dr. Sophia Ansari & all the staff members.

